

# Power Team Toolkit Handouts

## Power Team Roles

Children thrive when they are surrounded by a team of caring adults who support their learning, confidence, and well-being. A strong Power Team helps reduce stress for families while opening doors to guidance, advocacy, and opportunities. This toolkit helps you recognize who is part of your child's village and where additional support may be helpful.

BODY PART	ROLE	PURPOSE	EXAMPLES
<b>Head</b>	<b>Thinkers &amp; Problem-Solvers</b>	<b>Help child plan, understand, or make decisions</b>	<b>Teachers, tutors, counselors</b>
<b>Eyes</b>	<b>Observers</b>	<b>Notice changes or concerns early, lookout for safety and behavior</b>	<b>Bus drivers, coaches, neighbors</b>
<b>Ears</b>	<b>Listeners</b>	<b>Provide a safe space to talk</b>	<b>Trusted friends, mentors, relatives</b>
<b>Heart</b>	<b>Emotional Supporters</b>	<b>Encourage, uplift, and nurture</b>	<b>Parents, grandparents, godparents, Aunties, Uncles</b>
<b>Mouth</b>	<b>Advocates</b>	<b>Speak up on behalf of the child or support parent voice</b>	<b>Advocates, bilingual staff, case managers</b>
<b>Hands</b>	<b>Helpers</b>	<b>Provide practical support</b>	<b>After-school staff, babysitters, volunteers</b>
<b>Feet</b>	<b>Guides</b>	<b>Open doors and expose children to opportunities</b>	<b>Program leaders, mentors, coaches</b>



# Power Team Map

Instructions: Complete this Power Team Map by writing in the people who support your child at home, school, and in the community. Use it to identify strengths, gaps, and next steps for building a stronger support network over time.

<b>Thinkers and Problem-Solvers (Head)</b>	<b>Advocates (Mouth)</b>
<b>Observers (Eyes)</b>	<b>Helpers (Hands)</b>
<b>Listeners (Ears)</b>	<b>Guides (Feet)</b>
<b>Supporters (Heart)</b>	

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# Strengthening Your Power Team

## Support Gaps

**Are there roles above that were difficult to fill?**

## Next Steps

**What is one step you can take this month to strengthen your child's support network?**

## Conversation Starters (Use at Home)

These help your child understand their village and who they can go to when they need help.

- Who helps you feel brave or confident?
- Who do you talk to when you're upset?
- Who helps you learn new things?
- Who notices when something is wrong?
- Who is someone you feel safe with at school?

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