

Everyday Learning Guide

Simple Ways to Build Literacy, Thinking, and Connection at Home.



Car Rides

Builds:

- Listening & speaking
- Storytelling
- Imagination

Try This:

- What do you see around you?
- Make up a story about that car/person/place.
- What do you think will happen when we get there?



Dinner Time

Builds:

- Communication
- Sequencing
- Vocabulary

Try This:

- What went well for you today?
- What happened first, next, and last?
- If you could change one part of your day, what would it be?



Store Trips

Builds:

- Decision-making
- Math & reasoning
- Real-world literacy

Try This:

- Can you help me find this item?
- Which one costs more? How do you know?
- Why do you think we need this?



TV or Screen Time

Builds:

- Critical thinking
- Prediction
- Comprehension

Try This:

- What do you think will happen next?
- Why did that character do that?
- What would you do differently?



Bedtime

Builds:

- Reflection
- Emotional awareness
- Connection

Try This:

- What made you happy today?
- Did anything feel hard today?
- What are you looking forward to tomorrow?



Playtime

Builds:

- Creativity
- Problem-solving
- Independence

Try This:

- Tell me what you're building or creating.
- How did you come up with that idea?
- What else could you try?

Simple Way to Engage Daily

- Ask open-ended questions
- Let your child lead sometimes
- Follow their interests
- Encourage thinking—not just answers
- Be patient and present



Try One Weekly

- Car ride
- Dinner
- Store
- TV time
- Bedtime
- Other: _____

E.N.G.A.G.E. Your Child Everyday

- E – Explore your child's strengths
- N – Notice everyday moments
- G – Guide conversations
- A – Affirm emotions
- G – Grow through experiences
- E – Empower independence

You don't need more time; you need more intention.